

# KNOW THE HIGH RISK SYMPTOMS DURING PREGNANCY TO STOP MATERNAL DEATH

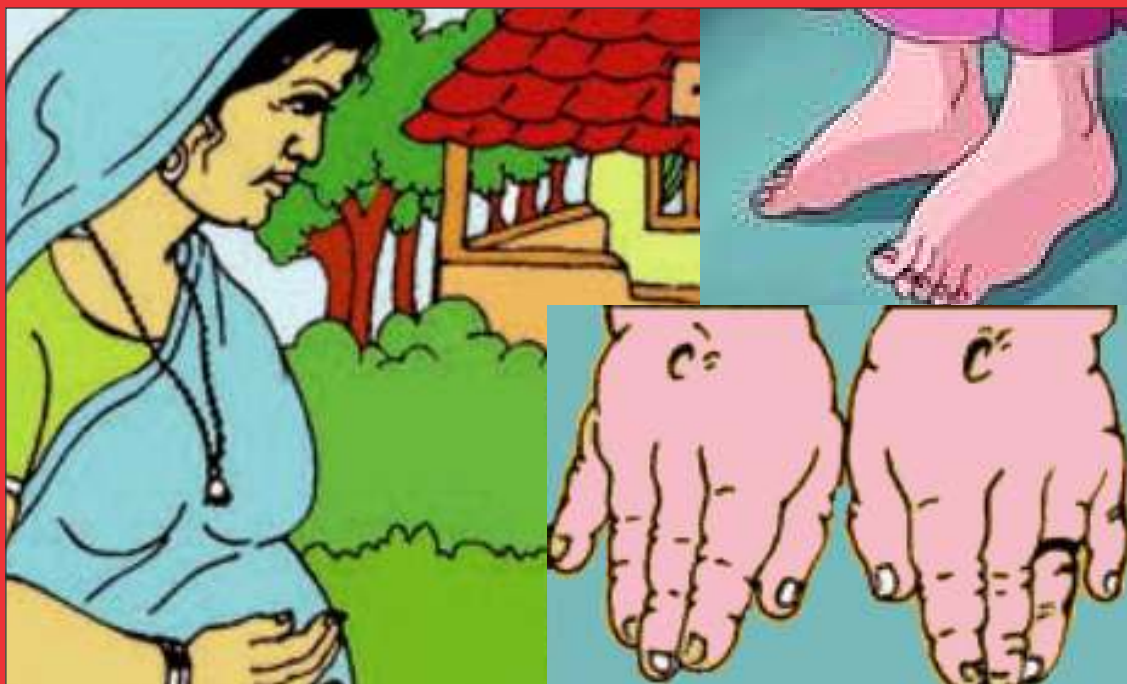
By taking care during pregnancy, control high-risk symptoms. Health of mother and child's life will become longer.



Fever during pregnancy



During pregnancy or after delivery excess blood loss



Swelling on hands, legs and face



Tounge, nails, eyes look pale (Anemia)



Water discharge without labour pain



Headache during pregnancy

IF SYMPTOMS SHOWN ABOVE ARE NOTICED, IMMEDIATELY CONTACT ASHA WORKER OR NURSE AND TAKE TREATMENT AT PRIMARY HEALTH CENTRE POST DELIVERY IT IS ESSENTIAL TO STAY THREE DAYS IN HOSPITAL TO TAKE EARLY PRECAUTIONS FOR ANY HIGH RISK PROBLEMS AND RESTRICT MATERNAL DEATHS

**Important phone numbers**

Sr. No.	Name	Phone Number



towards alternatives in health and development

Collaboration: SAHAJ, ANANDI, Kaira Social Service Society  
Participation: John D. and Kathrine T. MacArthur Foundation

