

Services for pregnant women on Mamta Diwas (Village Health and Nutrition Day)



Registration of Pregnancy

Between 1-3 Months



Height

3rd Month



Sickle Cell / HIV / Blood Group Test

3rd Month



Weight

In 3rd, 6th, 9th Months



Blood Pressure Test

In 3rd, 6th, 9th Months



Tetanus Vaccine

In 4th & 6th Months



Hemoglobin Test

In 1-3, 4-6, 7-9 Months



Urine Test

In 1-3, 4-6, 7-9 Months



Abdominal Check-up

1-3, 4-6, 7-9 Months



Red Iron Tablets
Course of 100 Tablets

From 4 to 6 months
Daily 1 tablet



White Calcium Tablets

From 7 to 9 months
Daily 1 tablet



Balanced & Healthy Diet

Always have healthy diet & rest